

RISK AND AWARENESS, APPLICATION AND CONSENT, IMPORTANT INFORMATION

SECTION 1: RISK AWARENESS

Outdoor / adventure activities (Drakensberg hiking, white water rafting, kayaking, rock climbing, abseiling, river guide and mountain leadership training, nature guiding) are inherently risky. It is one of the many reasons why people are drawn to the activity. It is unavoidable and important. A quality outdoor / adventure excursion will manage, but will not and cannot eliminate, the risk of its activities, and will inform its participants of the certainty that the activities are not, strictly speaking, safe. Itchyfeet SA, its partners, and subsidiaries adhere to a management system that seeks to reduce the level of real risk whilst retaining the sense of real adventure. All activities are subject to recorded risk assessments. Clear emergency protocols exist. Staff is thoroughly trained on these systems and participants are encouraged to be involved in dynamic risk assessment to heighten their awareness and develop their ability to respond to risk. All risk management protocols are available for inspection on request.

SECTION 2: APPLICATION AND CONSENT

I,

_____, make application

(complete if under the age of 18) being the parent / legal appointed guardian of the person named below, make application for,

(date of birth)_____, to attend an outdoor adventure excursion conducted by Itchyfeet SA. I understand that the operator will take all reasonable precautions, there remains an element of risk and this has been discussed and accepted by me. My signature to this document protects Itchyfeet

SA, its partners, and subsidiaries from frivolous and spurious claims due to loss of property or injury.

I HAVE CONSIDERED AND I ACCEPT THE FOLLOWING CONDITIONS:

- I / my child/ward will abide by the instructions of those in charge of the excursion.
- I / my child/ward is physically fit and able to undertake moderate to strenuous exercise.
- That I have fully disclosed any allergies / special dietary needs / medical conditions / recent illnesses on this form.
- I permit Itchyfeet SA and affiliates to administer non-prescription (over-the-counter) medications if needed.
- I permit Itchyfeet SA and its affiliates to render first aid, life support and/or emergency evacuation and/or conduct medical facility admissions on my behalf, and/or to communicate directly with my medical aid or insurance provider should these be necessary.
- I understand that there is a good probability that some of the following may be encountered: **Inclement weather (cold, wind, rain, hail, lightning, snow, heat, low to zero visibility), steep, loose, rocky and exposed terrain, heights, swift water, swimming in swift water, various river features and hazards, cold water, boat capsizing, cliffs, ropework, camping, falling whilst rock climbing, Basotho herders, dangerous animals.**

Signature

Signature of both parents/guardians necessary if participants are under the age of 18.

1.

2.